

# LU Parking debate rages on

**BY RON GUILLET**

Some students may feel the parking rates at Laurentian University are high, but Laurentian chief of staff Chris Mercer assures they are below city rates and consistent with other universities.

The current rate for lot 15, otherwise known as “the pit,” is \$219 for a year-pass, or \$109.50 per semester, while the other lots are \$467. Metered parking requires a minimum of two dollars, which grants an hour. To break it down, a student who goes to the university five days a week for the year and has a lot 15 parking pass would pay approximately \$1.75 per day. The \$467 parking passes equal to approximately \$3.75 per day.

Mercer said the parking rates are established based on other universities and the City of Greater Sudbury.

“We bench mark against the sector and we also benchmark against the community,” Mercer said. “We certainly want to make sure we’re not out of line, but I believe parking rates for our sector range from about \$100 from the absolute bottom end per year, to about \$1700 per year on the absolute top end. As we look at our community here, we’re actually one of the lowest ones. The

hospital is over \$1000 per year and the city is somewhere between \$700 to \$800 per year.”

Mercer also said that Laurentian had added around 100 parking spaces over the summer as well as “pay and display” type parking for people who don’t frequent the university often and don’t want to purchase a parking pass. Despite the new parking spaces, Mercer said the university could use additional ones.

“We’re seeing more and more demand for additional parking space, and, with that, we need to respond to that demand,” Mercer said. “We’re talking about where we can possibly add additional lots and what kind of parking infrastructure is going to be needed in the coming years so that people can have parking accessible, and affordable, to them.”

Nicole Beaulieu, a student in the Labour studies program, feels the parking rates are too high for students.

“Parking at Laurentian University is a joke,” Beaulieu said. “The prices are way too high for students, especially for ‘the pit’ parking lot, as it is far from the school, unpaved and dangerous during the winter season.”



Photo by Ron Guillet

Pictured above is pay and display metered parking Lot B at Laurentian.



# Closer to the end than the beginning

Well, at least for this term...

Let me guess, you're part of the 99 per cent - the 99 per cent of us who are procrastinating on finishing final projects or studying for our exams (oh, I see what you did there).

We're just days away (maybe weeks, for some) from being done this semester. For some of you, that means completing your first term of university. Congratulations are in order.

If you survived this, you can survive anything that the professors throw at you, trust me.

The general framework: essays and assignments, studying and exams will remain consistent for your university years (let's not talk about doing a thesis, shall we?).

For now, it's important to buckle down and hammer out those final assignments.

Some professors might be lenient, but don't take that for granted (After all, you might need their patience when you have them again throughout your upper-years).



**ED VAILLEUX**

For those who've discovered university isn't for them, and they'd rather go to college: thanks for the memories. Don't let people sneer at you or belittle you. College is as admirable as university, in its own way, and maybe you'll be back someday.

For those who've decided to press on with this crazy life we call academics, we're all in this together. Don't be noisy in the library while others are studying, and please don't start crying until after exams, for the sake of your significant other.

This semester has been great for

us here at the Lambda. We've had unprecedented levels of engagement from contributors and the public. Thank you.

The end of this semester marks a few milestones, personally, which should be addressed.

I turned 25 this year, started to get my act together for grad school and I've finally realized the importance of home.

Turning 25 was a lot easier than most people said it would be. As opposed to marking it as some negative, sorrowful time in my life, I reveled in the chance of using it as the beginning of the next chapter of my life.

\*Cue the Hallmark quote and the music.\*

For every setback or problem we encounter, there are always two ways to deal. Flip the next card or fold. Press through life or cry in your pillow. Personally, I've always tried to

be the person to press through and then cry in my pillow, but maybe that's just me.

As opposed to counting down the days of despair and dread that are to come, try to power through them.

You have to get through them, either way. What I'm asking you to do is to accept your responsibility, to keep your chin up, and to rock some assignments and exams.

Everyone is in this together. We all have a crazy few (days or) weeks coming up before the break.

If you need someone, ask. And, if you are someone, be there.

Simple enough, really.

We'll all get through this.

Now, cue the studying music, dig in and carry on.

I'll see you on the other side.

Have a great holiday break.

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# Silhouettes to honour fourteen Montreal massacre victims

BY KALLIE BERENS

On Dec. 6, 14 silhouettes representing the women who were killed in the Montreal massacre in 1989 will be displayed in the bowling alley.

"We're hoping that people can walk by and take a moment to reflect on this time in history, and learn from our goal, which is to end male violence against women," says Charlie Andrews, SGA President.

Andrews, along with Sarah King-Gold, Artistic Director with Myths and Mirrors, and Danielle Neuen, who works in the Women's Centre, invited students to decorate full-sized silhouettes of women, each reflecting the personality and interests of the women who were killed.

The fourteen women were studying Engineering at École Polytechnique in Montreal before their lives were ended, when a man with a gun entered the building and began shooting.

"This is why the White Ribbon campaign works hand in hand together with this because it shows that we need to end men's violence towards women," Andrews said. "Everyone has a right to belong and achieve their goals."

In addition to raising awareness about the campaign, Andrews is also encouraging a greater art presence in Laurentian.

"I have been trying to plan more artistic and cultural events, and this is a prime example on bringing art to the campus", Andrews said.



Photo by Kallie Berens

**LU students are invited to take part in creating silhouettes (pictured left to right: Charlie Andrews, Kathleen McParland, Sarah King-Gold and Spider Allen).**

"There's a Music program, a Theatre Arts program, but there's no Visual Arts program, so we're lacking one of the elements of fine art."

Andrews plans to bring more events to campus this year, a part of an SGA initiative called Art Support. "Art Support is initially

a collaboration between CKLU, Lambda and the SGA and so we find unique, artistic opportunities that will allow us to engage the community and students at Laurentian", Andrews said. He plans on bringing more musical workshops and a stronger visual arts prominence to Laurentian,

with the intention of building an artistic community with students: "We lack this culture on our campus, so by focusing on building the community on campus this year it would be better to build it in Sudbury in the future".

For more information on how to get involved with future artistic

events through the SGA, contact Charlie Andrews at [sgapresident@laurentian.ca](mailto:sgapresident@laurentian.ca), and to find out more about the White Ribbon campaign, visit [www.whiteribbon.ca](http://www.whiteribbon.ca).

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## LU students express parking concerns

FROM PAGE 1

Beaulieu also expressed concern for the lack of parking spaces.

"There's not enough parking spaces," Beaulieu said. "For students who only have classes in the afternoon, it is extremely difficult to find a spot to park by the time they get to the school because almost all of the lots, including the meters, are full."

Heather Condon, a student at Laurentian University, feels the parking rates at Laurentian would be justified if students could use

multiple lots with a single parking pass.

"I don't see how it's fair that I have to pay almost \$500 to park at one end of campus," Condon said. "I go to the gym a lot and I have several classes in the Education Building so I bought a Ben Avery parking pass. But I still have to walk up to the Arts building every day, which is a far enough walk, especially in the winter. I think Laurentian should sell dual passes for more than one parking lot if they are going to charge such

ridiculous prices."

Mercer said Laurentian garners profit from parking, but that the money is allocated into university priorities, such as academics.

"Plowing, repaving, creating new spaces and parking enforcement all have costs associated," Mercer said. "This year our choices in terms of reinvesting any additional dollars that we had went into academics, so we put two million more into academics and roughly \$300,000 more in student supports, which

comes from things such as parking."

If students have difficulty finding a parking space on campus, Mercer said there is a procedure in place to address such issues.

"There are telephones in every lot, and if a lot is full a student can be upgraded at no cost," Mercer said. "Our parking office will help any student or any person who can't find parking to make sure they have a spot without being charged (extra) if the lot they paid for is full."

Mercer said although Laurentian's parking is adequate now, the university will continue to develop the service.

"I know it's maybe not a perfect system but I think it works fairly well and it's one that we will continue to learn from, and listen," Mercer said. "If it stops working, then of course we'll have to address that and meet everyone's needs."

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# Thorneloe loses one of its own

BY WILLIE POLL

On Nov. 30, 2011, Laurentian University lost one of its theatre professors, Ulrich Sikora, to pancreatic cancer at the age of 60.

Sikora was involved with numerous Laurentian productions, as well as a children's theatre project within the community.

"Ulrich was a mentor and inspiration to both his students and his colleagues," Callam Rodya, a friend and a colleague of Sikora's, said. "His door was always open and he did as much as anyone to support and promote the art of theatre in this community. He was also a devoutly spiritual man and was very involved with the United Church. Even though his faith had been tested over the past year, even towards the end, he still held on to his belief."

When talking to his former

students, they speak highly of him.

"He was a wonderful presence to be around," Noel Walker, a student of Sikora, said. "Every encounter was an uplifting experience. It was a true pleasure to be his student for as long as I was."

Rodya said Sikora was a personable teacher.

"He was very approachable and had a wonderful sense of humor," Rodya said. "When you spoke to him, you knew he was truly interested and invested."

A colleague of Sikora's, who preferred to remain unnamed, said he was involved within the community as well.

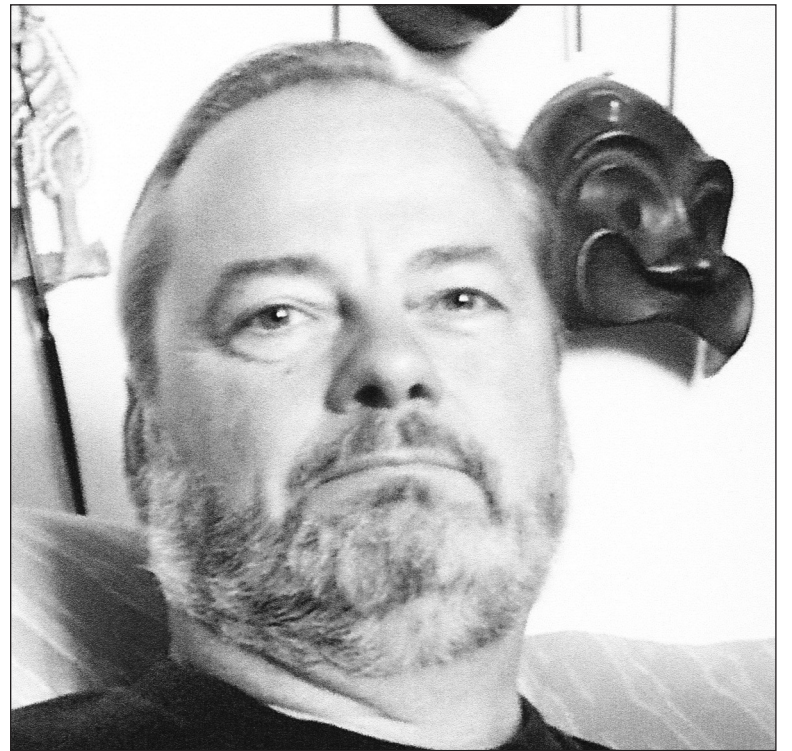
"I think Ulrich really loved being on campus. He enjoyed connecting with students and had a passion for children's theatre which was the driving force in

creating a troupe, which would perform at various elementary schools around Sudbury."

Thorneloe University and The Encore Theatre Company have come together to perform a script reading as a benefit for Sikora. The reading will take place on Saturday, Dec. 10 at 8 p.m.. Tickets are \$10 at the door and all proceeds will go towards Sikora's family. Thorneloe is also accepting donations towards a memorial bursary in Sikora's memory.

Sikora has taught around the world in places such as Norway, Germany, Japan, the United States, and Poland.

For more information, please contact Thorneloe University by phone at 705-673-1730. [williepoll@hotmail.ca](mailto:williepoll@hotmail.ca)



# L'Original déchaîné returns after two-month hiatus

BY KALLIE BERENS

The French newspaper on Laurentian campus, L'Original déchaîné (roughly translated as the Loose Moose), is back after not putting out issues in October and November.

With a brand new staff, a December copy of L'Original was circulated around campus.

Two editors of the four on staff for the paper are Mylene Desbiens, a second-year French History student, and Camille Tremblay Beaulieu, a second-year Zoology student. Both editors also sit on the board of the AEF, the Francophone student union at Laurentian, fulfilling the roles of Francophone media representative and women's affairs.

According to Desbiens and Tremblay Beaulieu, the staff worked hard to ensure the paper had a Dec. 1 distribution date.

"It's a lot of work," Desbiens said. "It's a lot of pressure, but it's worth it."

Desbiens and Tremblay Beaulieu took on the task of editing, organizing and completing the layout of the newspaper after their former editor, Christine

Bergeron, stepped down from her role due to time constraints.

"When I took on the role of Francophone media rep, it came as a huge surprise that Christine was quitting," Desbiens said.

Tremblay Beaulieu said she understands the reasoning behind it.

"I also get it because she has been under a lot of pressure and she needed to let go of it. She offered her help as well so it's not like she left and didn't leave us with anything."

The editors say they have new ideas for upcoming issues, including putting out an online copy in addition to the hard copy.

Chloe Hallee-Theoret, president of the AEF, is also hoping for an online issue: "The option of having it online instead requires much less effort, which could appeal to some people who prefer to read things on the Internet."

Desbiens plans for both, adding that it allows for people who cannot access a hard copy in Sudbury to keep updated on the contents of the paper.

The biggest challenge the editors have had to face has been



Photo by Kallie Berens

**Mylene Desbiens (left) and Camille Tremblay Beaulieu pose in the L Original déchaîné office.**

taking on the task of editing and layout.

"We have four on the team right now and people are constantly submitting articles", Desbiens said. "But, these people are writers and cannot correct or work on the

layout of the paper and we need people who can do that."

Desbiens and Tremblay Beaulieu are very optimistic for the future of the publication. "People actually started asking a lot of questions after we missed

publishing our October issue, they thought that the Loose Moose was almost dead but we just had a bump in the road and there's a new team involved now," Beaulieu said.

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# Johanson discusses sex with Laurentian students

BY WILLIE POLL

Most university students have had sex education discussions in high school, in elementary school, and often even in university, but no sex talk is quite like Talk Sex with Sue Johanson.

On Nov. 21, Laurentian welcomed the sex educator on campus.

As an 83-year-old woman, some would predict that her sex talks would be boring and dull, and would consist of her trying to tell you that abstinence is key, and sex is bad. Johanson did quite the opposite. Rather than your normal sex talk, Johanson discussed things that very few would with a university student. Johanson put on a very educational show, that not only taught students the dangers of sex and how to protect yourself, but she also entertained

them. Conversations and lessons pertaining to sex can often be uncomfortable, but Johanson was anything but shy. She talked about topics from aids, STDS to orgasms and how to get them.

"It was not your normal sex ed. For sure, she was hilarious, not what I expected at all," Stephanie Kramp, a Laurentian student, said. "She was educational, and hilarious. I laughed, literally, the whole time."

Johanson worked as a nurse for years, and is an expert in sexual education. She has been to Laurentian numerous times in the past, and this year decided to go to only five schools to perform her sex talk, Laurentian being one of them.

"It is one of the best events of the year; I waited in line over a half hour early just to make sure I got

a good seat," Shannon Michelle, a Laurentian student, said. "The place was packed and she will be greatly missed next year."

According to one audience member, Johanson had no problem relating to the students educationally, as well as comically.

"She taught us how to put a condom on with our mouths, what do I even say to that?" Rachel Weir, a Laurentian student, said. "I loved it, I was almost in tears I was laughing so hard."

Nearing the end of Johanson's presentation she allowed for a question-and-answer period, where students wrote their questions down and she answered as many as she could in the time she had left.

The questions were completely anonymous and allowed any unanswered thoughts to be



brought to her attention.

Johanson explained more than just safe sex and protection, she touched on subjects such as how to have an orgasm, which masturbating tools work best, what kind of condoms to use, and how to put them on using only your mouth (which she even

demonstrated).

Johanson reminded male students that size isn't as important as it may seem, and told female students to realize that orgasms aren't everything, but if you really want one, she also taught you how to have it.

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## Streeter: 'Do you say, 'Merry Christmas' or 'Happy holidays?'



**Emily LaRussa, second year Concurrent Education/English program**

"I prefer Merry Christmas because that's the holiday I celebrate, but if someone tells me that they don't celebrate Christmas then I'll say happy holidays instead."



**Colin McGill, third year Arts**

"Definitely Christmas, because that's how I grew up."



**Jaenelle Crowley, first year History**

"Merry Christmas - as a practicing Catholic, Christmas is more of a religious holiday for me than a time for gift giving, so definitely Christmas."



**Nickolas Piche, second year Geology**

"Merry Christmas more often but I use both, it's just a festive kind of year and I don't truly have a preference for it."



**Linus Cunningham-Closs, second year Theatre**

"I usually say Merry Christmas but I don't think of it in any sort of religious terms, it's force of habit."



# Trio wins LU's got talent

**BY WILLIE POLL**

Three Laurentian first years embarked on a journey towards their dreams as they auditioned for LU's got talent.

Up against many contestants, the group finished in first place and even returned to the stage for an encore.

As a group they met at Laurentian in the UC residence. The group comprised of Kelsey Anthony, a guitarist and vocalist, Kristine Joy Cornejo, a vocalist and pianist, and Dylan Bakhuis, a vocalist and beat boxer.

When they heard of LU's got talent, they assembled for fun, not realizing they even had a chance at winning.

Cornejo began singing at age four, and had her first talent show at age seven. Her first piano recital was at age nine. Throughout her childhood, she looked up to numerous artists such as Britney Spears and Christina Aguilera.

"Since I was little I wanted to be famous, I used to pretend the remote control was a microphone and I'd run around blaring Hit Me Baby One More Time," Cornejo said.

When she was young she could be described as the center of attention, always hosting fake performances and recitals. Cornejo continued her love for music, and began taking piano lessons at age six, and vocal lessons

at age eight.

Anthony always loved singing, but it wasn't until high school when she began performing in front of an audience. Throughout high school, Kelsey has performed for local stores, at local venues, talent shows, and more. She has had more than 10 performances, not including her audition for Canada's got talent or her performance in LU's got talent.

"I always question my singing ability, I never think I'm good enough, so to win something like this is a real confidence booster, thank you Laurentian," Anthony said.

Kelsey Anthony will continue to reach for her dreams, using

inspirations such as Lights, Avril Lavigne, and Marianas Trench to guide her way. She is an aspiring guitarist, vocalist, and songwriter. Her goal is to inspire people with her music. She continues learning new instruments, self teaching herself bass, drums, piano, harmonica, accordion, the recorder, and a little bit of banjo.

Bakhuis learned beat boxing during high school and practiced to perfect the art. Along with beat boxing Bakhuis is also a vocalist, and has been involved with bands in his hometown for the majority of high school. Bakhuis has also been a dedicated bass player, as well as a song-writer throughout his high school life.

"Everybody beat boxes in my hometown, so no one really cared there, but when I came here people thought it was really cool, I never thought it would help with LU's got talent though," Bakhuis said.

The group was shocked when they won the show, which came with \$300 prize money. The group decided to donate \$60 towards the Easter Seals foundation, and \$60 to their floor for supporting them, and split the remaining money with \$60 each. The group looks forward to next years LUL's got talent, and will be practicing until then.

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## LU receives \$10 million gift

**BY LAMBDA STAFF**

On Nov.25, Stan Bharti, chairman and CEO of Forbes & Manhattan, Inc. and dozens of other companies, announced a \$10 million gift to Laurentian University's School of Engineering, as part of the "Sudbury Families" initiative, bringing the total raised for The Next 50 Campaign to \$48.6 million.

In recognition of the gift, Laurentian University President Dominic Giroux stated the university will rename the school in the Bharti family's honour.

The Bharti family's gift will be invested in an endowment to the exclusive use of the Bharti School of Engineering.

"The endowment fund will be used to enhance the student experience by ensuring that we attract top faculty and provide our students with first class opportunities to learn both inside and outside the classroom," Dr. Ramesh Subramanian, director of the Bharti School of Engineering, said. "Moreover, the endowment will ensure that we can attract the best and brightest students through scholarships and promote our programs nationally."

Terry MacGibbon, chairman of The Next 50 Campaign fundraising cabinet and chairman of QuadraFNX Mining Ltd., said "We are extremely grateful to the Bharti family, and know that their decision will inspire many others to support Laurentian University, to the best of their ability. In fact, my fundraising colleagues and I will be using this gift as an example to encourage others to make significant investments in Laurentian University and the Bharti School of Engineering."

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## Laurentian hosts middle ages art performance

**BY LARA GARDNER**

At 7:15 p.m., only fifteen minutes are left until show time. Dr. Charlotte Leonard is running through the song list with her Music of the Middle Ages class choir, while Dr. Patricia Brace is running through Chaucer readings with her Literatures in English class. Most of the students participating look to be a healthy cross between anxious, and excited.

They're here tonight to perform in front of an eager audience, the Octatonic Medieval Trio (OMT) and Brook Dufton. Dufton and the Trio who have all been formally trained in, and have a deep respect and appreciation for medieval art, will also be singing tonight. The library rotunda is a packed house.

When the performance finally starts, the room goes silent. For an hour, the audience is entranced. Brook Dufton's ethereal voice, the harmonies of the OMT, the animation Brace's students bring to Chaucer's poetry, and the measured control of the choir, all are marvellous. Near the finale the

OMT also involves the audience in singing with them.

When the show is over, Allison Bruneau, one of the choristers talks about the experience.

"We had to do a concert as our final project for the class. There was a lab where we would just sing for an hour every week."

While many think of labs in terms of microscopes and lab coats, Bruneau assures it was no easy task. Only three people in the class were trained singers, and no one spoke Latin (the language in which the music was written).

"It was a learning curve, but you adjust, and then you just start feeling it," she says.

The music students weren't the only ones with learning curves to climb, the Literatures in English students were charged with the task of understanding (a challenge on its own) and then artfully performing poetry from the 1300s.

Emilie Hirschfeld, a student in the class, says, "I was a bit apprehensive at

first, but after getting there and going over lines with my fellow students, we all eased up a bit. Once the event started, it actually became an opportunity to actually engage with medieval art."

For the audience it was an opportunity to become a bit more familiarized with art from this period, and also see the kind of culture that exists within the Laurentian campus. Though the audience was composed mainly of people from outside the university, Leonard encourages students to come participate in events like these.

"Being in university isn't just about your program," she says. "It's about basketball games, going to see a production at Thornloe, being involved with the SGA. It's about creating a social nexus, comradeship between students of different programs."

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# Twass the night before 'X-ams'

BY JOE STAFF

Twass the night before X-ams when all through the dorm,  
All the students were studying for their test the next morn;  
All the crib notes were lying strewn over their beds,  
In hopes that some of it would stick into their heads.

John studied for Physics and I crammed for Psych .  
My brain was aflame with Freud and Thorndike.  
When out in the hall there arose a new sound ,  
I ran out of my room and took a quick look around.

I saw my friends gathered round in a crowd in the hall,  
They had all met up there to commence a pub crawl.  
They implored me to take a break for just one short hour,  
I nodded a "yes" and cursed my lack of will power.

We found a designated driver and were soon on our way,  
I said I'd have one quick beer but that I couldn't stay.  
As we arrived at the pub we took a seat at the bar,  
And marveled at the sight of the beers from near and far.

As quick as a pop quiz our favourite beers came,  
And we burped and we chugged as we call'd them by name:  
Now Heineken, now Amstel and Pearl River Beer  
Now Corona, now Peroni, (of Bud we'd steer clear)  
Now Moosehead, now Molson, now Keats pale and Beck,  
Now Red River and Guinness we downed in a sec.

The heads on the beer gave us beards like St. Nick  
The beer in our beers made my stomach quite sick  
My friend to the left did shots in celebration,  
His exams were all done he was filled with elation.

To my right was a fellow who was clearly quite drunk,  
His eyes were glazed over and of beer his breath stunk.  
He wore PJ pants and an old LU shirt,  
That had seen better days and was covered in dirt.

His nose was as red as a Santa Claus suit,  
And when he tried to get up he let out a toot.  
His eyes were unfocused and his mouth how it drooled,  
His hair was unkempt and he looked a bit like a fool.

As I stared at him and blinked it suddenly became clearer,  
That guy was a reflection of me in the mirror.

I sprung from my seat and said bye to my pals,  
Took a cab back to the rez and my notes for finals.  
The room started to spin and as I began to pass out,  
I was screwed for the X-am of that I had little doubt.

## Top Signs You Might Be Santa Claus

- 1) You get children to sit in your lap and whisper their secrets in your ear – and you are not arrested.
- 2) You sneak into people's houses at night – and you are not arrested.
- 3) You employ child-sized labour and don't pay them to work for you – and you are not arrested.
- 4) Your present charity discriminates against all non-Christian religions – and yet you are not arrested.
- 5) Your red suit and equitable distribution of wealth (presents), for all, clearly indicates communistic leanings – but still you are not arrested

# Christmas: personal debt crisis or season of good cheer?

COLUMN BY LARA GARDNER

Once again, Christmas is in the air. While it's too late to make the Santa Clause Parade, Science North has their Festival of Lights up and twinkling, and of course you can always get your picture taken with Santa at the mall. That is, if you like Christmas. These days it seems there is a pretty even split between the Scrooges and the Tiny Tim's.

A recent study conducted by RBC found that Canadians will spend an average of \$640 each on gifts this year. That's on top of the \$612 they will spend on "holiday frivolities" such as entertainment, decoration and travel. Obviously this doesn't reflect the average student budget, but with numbers like these it's easy to see how people become disenchanted with the holiday season.

Teena Lalonde, a Liberal Science student isn't a fan of Christmas for just this reason. "It stresses me out because of the money I have to spend, but it's also the only time I get to see my family." For many students, especially those with family outside Sudbury, cost is an especially important factor. With so much of your energies already being devoted to exams

and stressing over finances, it's easy to lose sight of the true spirit of the season.

But what is the spirit of the season? For this there is no straight answer and this is the saving grace of our uber-commercialized holiday season; it is what you make it. For Aquatic and Terrestrial Ecology student Rebecca Van Kempen Christmas means family. "I can't afford to think of the commercial aspect," she says, "I just haven't had time to spend with my parents lately." For others, it's about celebrating their faith, reflecting on the things most important to them, or just getting some much needed rest and relaxation.

If excessive spending is overwhelming your appreciation of the holiday, it might be time to switch things up. If you're part of a family (especially a larger one) who buys gifts for each member individually, consider a Kris Kringle approach to gift buying. Everyone saves money, and it adds some mystery to the ritual.

If you are completely fed up with buying gifts, there are hundreds of websites with DIY gift ideas that are cheap (sometimes free) and practically scream, "I put thought into this!" Just a quick

Google search and you could be on your way to making a secret hollow book, cookie kit, or family tree. Mom and dad are happy, and you didn't have to set foot in a mall.

Regardless of where you fall in the Scrooge-Tim spectrum, it's never a bad idea to try and strip off the commercialization that's been building up on your holiday

season. The great Christmas cleanse: good for your heart and wallet.  
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# Zach Courtemanche is Cyclops



**BY ED VEILLEUX**

Zach is a natural leader. If student government had a face, it would rock a moustache.

When the mutant population of Marvel needed a leader, they turned to Cyclops.

The eye-blasting mutant has led the X-Men for years, and is one of the undisputed best leaders

of the comicverse.

The similarities between Cyclops and Zach are obvious.

Anyone who has been to an SGA board meeting is aware of Zach's sharp knowledge, perhaps wielded like a mutant power, and his tenacity at holding others accountable in all situations.

Zach is as at-home around the board table, battling his colleagues, as Cyclops is on the battle field fighting for his race.

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Illustration provided by Marvel Comics

Deadpool might have flip-flopped between good and evil over the years, but his heart has settled in the right place. And, he's always been funny.





# Movember love



Photo supplied

**LU students packed the house at the SGA's sold-out Dubstache Movember event at the 1500 on Dec. 2, featuring Adventure Club.**

## Encore to hold Christmas event at Thorneloe University

**BY NINA NESSETH**

Winter is coming and the nights are getting colder – all the more reason to stay indoors and take in some theatre. The Encore Theatre Company invites audiences to share some holiday cheer with their second installment of the Encore and

Thorneloe Playscript Series.

The Encore Original Christmas is made up of original works, one written by founding member Richard Barlow and one by artistic director Callam Rodya. This one-night-only performance features a cast of current Thorneloe University Theatre Arts

students and members of the community.

The performance will be dedicated to the memory of Ulrich Sikora, a Laurentian University professor who recently passed away.

Encore Original Christmas will take place on Dec. 10 at the Ernie Checkers

Theatre at Thorneloe University, beginning at 8 p.m. Tickets are \$10 and are available online at [www.encoretheatre.ca](http://www.encoretheatre.ca), or at the door.

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# Lady Vees drop weekend games

BY RON GUILLET

The Laurentian Lady Vees displayed some positives on the court but couldn't register any wins as they dropped both of its home games last weekend.

The Vees were coming off road games against the Wilfrid Laurier Golden Hawks and the Waterloo Warriors, in which they went 1-1, before hosting the Guelph Gryphons on Friday, Dec. 2. It didn't take the Gryphons long to adapt to the Lady Vees' game and take a commanding 17-8 lead after the first quarter. The Gryphons were aggressive on the ball and frequently drove the middle lane. The Lady Vees produced more offense in the second quarter but couldn't contain the Gryphons as Laurentian spent too much time in its defensive end due to a total of 35 turnovers throughout the game. Emma Decloe led the Vees with 8 points and 7 rebounds, but the home team ultimately dropped the game 80-37.

Lady Vee Devenae Bryce said Laurentian should have beat the Gryphons, but lost its composure as the game wore on.

"We started out strong in the first few minutes, but as the game went on we just lost it mentally," Bryce said. "It sucks losing to a team we should've beaten, especially by that much. But I think it was a learning experience and proved we have a lot to

work on."

The Vees took on the Lakehead Timberwolves on Saturday, Dec. 3. The Vees focused on defense in the first quarter as they withheld the Timberwolves to a 12-9 lead. The Vees couldn't kick start its offensive game, however, and allowed the Timberwolves to control possession in the offensive end. The Vees were trailing 32-18 at half, but came out with a strong performance in the second half. The Timberwolves maintained its offensive output but the Vees replied with solid ball control and well placed shots to outscore Lakehead 26-24 in the second half. Unfortunately for Laurentian, its second half performance wasn't enough as the Timberwolves won the game 56-44. Despite the loss, the Vees displayed an offensive attack in the second half that had been lacking and can now build from some positives heading into the holiday break.

Lady Vees head coach Mike Clarke said the team has to improve its possession game.

"We're just struggling to score," Clarke said. "Our defence was strong, our press was affective and we caused them to make turnovers. We just cannot go so long without making a shot."

The Vees' next home will be Friday, Jan. 6, against Ottawa.  
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Photo by Ron Guillet

Amanda McDonald blocks a shot from a Gryphons point-guard.

# Voyageurs lose two heartbreakers in weekend homestand

BY RON GUILLET

The Laurentian Voyageurs had strong performances last weekend but dropped both of its home games to post a 2-6 record on the season.

Coming off road games against the Wilfrid Laurier Golden Hawks and the Waterloo Warriors, in which they went 1-1, the Voyageurs hosted the Guelph Gryphons on Friday, Dec. 2, at the Ben Avery Gymnasium. It was a tightly contested game as both teams displayed solid two-way performances. The Gryphons hit 6 out of 11 three-pointers and managed to finish the first two quarters trailing by a single point as the Voyageurs led the game 34-33. The Gryphons sustained its pressure from the first two quarters and put the Voyageurs on its heels, outscoring Laurentian 27-17 in the

third quarter. Before the game got out of reach, the Voyageurs replied with a strong fourth quarter in which they outscored the Gryphons 23-19 but lost Mike Hull—who produced 21 points, 9 rebounds, 4 steals and 2 blocks—in the final three minutes and couldn't mount the comeback as they dropped the game 79-76.

Voyageurs Alex Ratte, who contributed 17 points and 4 rebounds, said they could have won if their defensive play had been better.

"Overall we just needed to step up our intensity on the defensive end, that's what it came down to in crunch time and we weren't able to get stops when it mattered," Ratte said.

The Voyageurs then hosted the Lakehead Timberwolves on Saturday, Dec. 3. The

game was a tale of two halves as Laurentian tightened up defensively and capitalized on turnovers—Voyageurs finished the game with 6, while the Timberwolves had 16—and took a 46-38 lead heading into the half. The Timberwolves entered the second half with an altered defensive strategy that forced the Voyageurs to the perimeter. Lakehead capitalized on its opportunities before Laurentian could adjust and pulled within four points heading into the fourth quarter. The atmosphere was frantic as both teams exchanged offensive chances, but Lakehead took the lead 88-86 in the dying minutes of the game. Hull came up huge for the Voyageurs once again and tied the game to force overtime. Both teams exchanged chances in the extra frame and were tied at 94 with 47 seconds left, but

the Timberwolves came out of top as they were able to take the lead with 13 seconds remaining.

Hull said the losses were a disappointing result, but he isn't disheartened as chemistry is beginning to build on the court.

"This weekend was very frustrating and disappointing to play as hard as we did and still come away with two loses," Hull said. "I feel like we can still build off this weekend. We are starting to gel as a team and becoming more consistent on both ends of the floor. We are close to being where we want to be we just need to keep getting better at the little things."

The Voyageurs next home game is Friday, Jan. 6, against Ottawa due to the holiday break.  
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# Drame: a rising OUA star

**BY ANDY VEILLEUX**

Six-foot-plus, African-born strikers are a rarity in Ontario's university soccer circuit.

Dieri Drame, whose game can most closely be compared with Didier Drogba of Chelsea and Côte d'Ivoire fame, due to his physical style and goal-scoring pedigree, is one such player.

In the 2010-2011 season, Drame netted two goals in nine games for the Laurentian Voyageurs. This season, Drame caught fire with eight goals in 12 games for the Voyageurs.

Drame is in his second year of eligibility, which means he can still play an additional three seasons at the varsity level (college or university), and second-last year of his French Finance program at Laurentian.

It is worth noting the Ontario University Athletics (OUA) website declares him to be in his second year of his program, and fourth year of eligibility, which is a reversal of reality – it happens.

It would be unrealistic to believe he will once again quadruple his goal total next year, but Drame has his sights set high.

"I will do way better than 8 goals next year," he said. "My main goal is to be the MVP with LU and the best player in the OUA."

Laurentian is a defense-first soccer team, and has been for some time. Laurentian University men's soccer head coach Carlo Castrechino runs a tight ship, as does his assistant Tony Tagliaferro – once a captain and defender for the Voyageurs.

Drame may have a chance at team MVP however, as this

season he doubled the next closest Laurentian player, Davor Alisic, in goals. If he can build on that success, he would definitely warrant a consideration.

After taking some time off due to injury (which caused him to miss some time this season), he is working on improving his game.

"I know I need to put more weight and work on my speed," he said. "As a target man, I need to hold the ball, use my midfielders, and make the runs for long balls. I need to work on the dribbling one on one too. I can do it, I know I can."

Drame is also looking to be more of a leader next season with the team, especially with a special striker that is coming into Laurentian's program.

Laurentian will be welcoming in a striker from Drame's home town of Senegal, which has him excited. He believes the weather will be difficult to adapt to, but the rest of his transition will be easy.

Now let us get to the future of Drame, who will finish his Bachelor at Laurentian, and have two years left to play soccer. He is looking to do a masters, and play his final two years of soccer, but there is an interesting catch.

Laurentian University does not currently offer a French language Master's Degree in Finance or Commerce.

Castrechino may be nervous following next season. We are talking about an African-born striker that quadrupled his goal total from his rookie to his sophomore season, who is no longer going to be playing for your program.



Photo by Andy Veilleux

**Dieri Drame quadrupled his goal total from his rookie to sophomore season.**

Obviously, Drame will be seeking a new home come 2013-2014. While it is possible he will be playing out of "la belle province," where French master's programs are wide-spread, he could find himself at other Ontario bilingual universities with programs that suit his needs.

While Drame is not a defensive specialist, spending three seasons with a team lets you learn the team's strengths and weaknesses

well, and practising against their players lets you know their individual weaknesses as well.

Maybe Laurentian will do the coach a favour and announce a brand new masters program, But holding your breath for it would not be advised.

As for next season, he is focused on pushing Laurentian as far as he can.

"This year we made the last four teams, and I'm 100 percent

we will make the last two next year."

While Drame is focused on his soccer, it is evident he is looking beyond the sport as well. His case illustrates the mentality of the CIS athlete: one eye on the season, and one eye on the future. For the foreseeable future, both feet are firmly planted, however, representing the gold and blue. [lambda@laurentian.ca](mailto:lambda@laurentian.ca)

# Supersplash: contest for a cause

**BY KELSEY DUQUETTE AND STEPHANIE BOURQUE**

Every year Laurentian hosts a Super Splash Intramural Event and this year it will be a Canon Ball contest on campus at the Jenő Tihanyi Olympic Gold Pool located in the Ben Avery Complex.

Following the break the registration for

Super Splash will take place from Monday, Jan. 9, until Friday, Jan. 13. The event itself will be held on Feb. 3 from 1 p.m. to 3 p.m.

To participate we ask you follow the theme of Super Hero and to pay the entry fee of only \$2.00/participant. Each contestant will automatically receive a participant gift package. There will be other

prizes to be won as well.

There will be a short mandatory swim test at the beginning of the event to ensure safety. All jumpers will be demonstrating their talent off the first tower only. Nicolas Lapointe, Joshua O'Connor and Laura Thirkill will be the judges for all jumps.

Prior to and during the event there will be

many fundraising efforts, which all proceeds will be donated to The Cancer Society. If we are able to fundraise the amount of \$200.00 one of our celebrity jumpers, Joseph McGibbon (Bull) will also canon ball off the first tower.

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# Five parties. One dress. No problem.

BY LIANNA PISANI

It's that time of year again.

The time for sharing a meal, Secret Santa, and having no idea what to wear. It's the time for Christmas parties.

Dressing for Christmas parties usually proves to be fairly easy if you're a guy. Get some black dress pants, a crisp shirt or two, and maybe a tie. Black pants and a white shirt are quite classic, always appropriate, and, fortunately in this situation, not

very memorable.

Most girls spend hours, even days, searching for the perfect dress for an event. The invitation is immediately an excuse for dress-shopping, no matter how stressful that can be. Outfit-repeating isn't usually rewarded, and with so many Christmas parties all in the same month, it can often be embarrassing to be seen in person (or, even worse, in photos) wearing the exact same

outfit to each party. So how can all of this be avoided when spending hundreds of dollars on multiple dresses doesn't exactly fit your student budget?

The key to getting away with wearing the same dress to all of your Christmas festivities is first by selecting a classic, simple, elegant design in a neutral colour. Black is probably the best option, as it welcomes accessories of all colours and patterns.

It's a good idea to avoid anything with a pattern, texture, or unique shape— that will make it much more memorable, and harder to work with various accessories. With a simple dress, what will be memorable is whatever you choose to wear it with.

Try two of the major trends this Christmas season: sparkles and leopard print. Incorporate these into your look with a

printed scarf, sequined cardigan, jeweled bib necklace, chunky bracelets, or some funky glittered or printed shoes.

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# Scavenger hunt adventures

## FIRST PERSON BY NINA NESSETH

There was a time when, if someone had told me that I would be spending a weekend morning fashioning a wearable dress out of raw bacon, I would never have believed it. But indeed I've done it, as have countless people from all over the world, all in the name of securing an item for an international scavenger hunt.

The Greatest International Scavenger Hunt the World Has Ever Seen (or GISHWHES) is a "grass-roots social experiment" founded in 2011 by actor Misha Collins in an attempt to encourage art and creativity while breaking the Guinness World Record for the largest number of people to participate in a global international scavenger hunt. To break the record, 500 teams were required to participate, and each team had to submit a minimum of five items. GISHWHES, which ran from Nov. 18th -Nov. 29th, boasted over 6,000 participants from 65 countries to form 621 teams of 10 people. The winning team will receive bragging rights and an all-expenses trip to Rome.

At least five Sudburians participated in the event on two separate teams: myself, Laurentian students Cora Eckert, Nico Glaude, and Brittany Mc Namara, and Cambrian College student Mary Crawford. We were tasked to accomplish as many tasks as we could from a list of 219 items. Some items were simple and fun, such as building a chandelier made out of kale, or writing and performing an original song about the scavenger hunt. Some of the items were practically impossible to accomplish,

such as decoding Kryptos 4 or discovering the 48th Mersenne prime. However, it was surprising how many challenges teams managed to complete. We made use of our individual strengths and discovered new skills (apparently there is a certain skill required to build statues out of raisins and glue). Personally, I suspect that Collins laughed maniacally with every word he typed as he made up the list of items.

The most important item on the list was that of random acts of kindness. GISHWHES works closely with Random Acts, a non-profit global organization that works with volunteers to encourage people of all ages to do good works in the world. For the scavenger hunt teams were likewise encouraged to perform an act of kindness of their own design. My teammates, who were spread across Canada and the United States, actually performed three independent acts of kindness. Laurentian students might have noticed one of these acts in action when awards being handed recently out at the library to motivate them while studying for their final exams.

I do not know yet which team has won the scavenger hunt, nor do I know if the hunt itself achieved its goal of being a record-breaking event, but I'm glad that I took part in it, met new people, and tried things that I would never have imagined doing before. It was stressful, it was inspiring, and most importantly, it was fun.  
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# Sulphur, English Arts Society seeks literary submissions

The English Arts Society is now accepting submissions for issues 2 and 3 of Sulphur, Laurentian University's new literary journal, established 2010-2011. The deadline for issue 2 is Dec. 21, and the deadline for issue 3 is yet to be determined.

## Guidelines:

- Open to LU alumni, faculty and community
- Accepting poetry, fiction, creative non-fiction, dramatic monologue and more
- Word limit of 2,500 words
- Maximum of 5 pieces per submission (of any form)
- Works are to be submitted electronically, in .doc, .docx, .rtf or .txt format
- Please include your name and email or phone number with your submission.

Please contact the EAS at [eas@laurentian.ca](mailto:eas@laurentian.ca) to submit or for more information.



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# Rabey's round-up: EPL champions race is on

**BY MATT RABEY**

With the season approaching the halfway point and the standings becoming more static, it is more evident which clubs can potentially take the Barclay's English Premier League title. In particular the clubs worth mentioning are: Manchester City, Manchester United, Tottenham Hotspur, Chelsea, Liverpool, Newcastle and former contender Arsenal.

The simple answer of "Manchester City" to the question: "who will be successful in taking home the most prestigious trophy in the world of club sport?" is an inadequate one. While they have remained undefeated in the Premier League this season, their record outside of league football presents an image of a team with flaws that have been exposed by the likes of Bayern Munich, Napoli and Manchester United in the Community Shield. European continental failure can however be dismissed as a total lack of experience — this is the first time in history that Manchester City have qualified for the Champions League—so league action should be what is dissected. City have had some impressive results (the 6-1 success against United at Old Trafford springs to mind), but to contrast that there are more recent results like the draw against Liverpool where it was only due to the keeper extraordinaire that is Joe Hart. Yet Manchester City do remain the pack leaders and the due critiques are more frequent from names like David Beckham quoted saying:

"This season they have got a good team and have some good players, but Manchester United have more experience and know how to win a championship." The season is only in its adolescence and the five-point gap that the light blues possess can close as quickly as it was formed, as long as it isn't Manchester United that does it.

When someone in Canada refers to the sport "soccer," Manchester United is one of the most common teams you'll hear about. A dominant force in world football and the most successful club in English history, United seem destined to always contest the title. However, that being said, they have been stumbling this season, losing to the likes of Championship side Crystal Palace and save the 8-2 demolition of Arsenal, many of their wins have been less than convincing. Manchester United also fall into the category of English clubs struggling with Champions League survival and unless Sir Alex makes some changes United will start to slip in the standings.

After last years disappointment of losing their Champions League position and their quiet exit from that competition, Tottenham Hotspur look like a team who is finally ready for domestic glory. They have been a very exciting squad to watch this season with the likes of Togolese striker Emmanuel Adebayor proving to be a very valuable acquisition from Manchester City, especially after his fantastic overhead strike against Aston Villa. Striking

power aside, Spurs also boast one of the best compliment of midfielders in England with: Gareth Bale, Rafael van der Vaart and Luka Modri representing north London on the pitch. To add to their fine run of form as of late, they are also one of two teams—the other being Everton—to have a game in hand, due to the riots in London earlier this year.

The next club to deserve some mention is Chelsea and their success will depend on the sanity of owner Roman Abramovich. Abramovich is a man who wants everything immediately and when he does not get it, he needlessly fires the most talented managers in the sport. This time the head on the chopping block is Portuguese manager Andre Villas-Boas, who was brought in from Porto—a club with a perfect season—to manage the London outfit. With mixed results, including a loss to Queens Park and recently Bayern Leverkusen, Chelsea fans like Ed Lidstone are worried that the Russian owner will make another rash decision that'll set back the Blues another season. It remains to be seen how much rope Villas-Boas will be permitted, but hopefully for his sake it's enough to allow him to make an impact.

The next two clubs I'm putting together as they are both in prominent positions, but I don't see either club challenging for the title. On the one hand, Liverpool have been returning to league winning ways, however they have been doing so sporadically and as a result have become more of a difficult hurdle for actual title contenders then contenders themselves. Newcastle on the other hand have only recently been beaten for the first time in the league this season, but I have to say its been a miracle that it has lasted this long. Embedded within their name is the word, castle and the boys from St. James' Park have been resolute in earning the defensive reference to a fortress, but it is in their offense that they are lacking. Both Liverpool

and Newcastle show promise, but for Liverpool it may be to late this season as they are twelve points behind the league leaders and for Newcastle, more attacking options are required during the January transfer window.

Finally, I would like to briefly touch on yet another London outfit, Arsenal. In past seasons the gunners have played some of the most beautiful football in the Premier League and the Arsene Wenger sold Cesc Fàbregas and Samir Nasri. This decision proved disastrous for Arsenal and only in recent times have they showed signs of getting out of the slump that they were in. Robin van Persie has been recently been inspiring, with seventeen goals accredited to the front man in red. Again, this is a case of too little too late, as can be seen from games like

the 1 all draw against Fulham where Vermaalen scored both of the goals, (Vermaalen is only the third Arsenal player to score for both sides during a match) a statistic that I'm sure he'd love to forget. Even Arsene Wenger realizes that this is not going to be Arsenal's year and has been quoted saying that Arsenal won't be winning the title this year, not very optimistic when the season is not even half over.

With so many teams in contention for the trophy, this season in English football may yet prove to be full of more surprises then several of the previous years. Who knows, possibly a team who has never been victorious may finally find themselves with some silverware come May tenth.

## Re-Imagining the Humanities

All are invited to join faculty, staff and students from the four partner institutions in the Laurentian University Federation to contemplate and celebrate the Humanities as a cornerstone of university education. Each institution will be sponsoring one session, with the schedule as follows:

### Session 1 – "Imagine: the Work of the Humanities and the University Experience"

University of Sudbury, Thursday, December 8, 2011, 12:00-1:30 p.m.

In response to a perceived "crisis" in the Humanities - as evidenced by the decreasing number of students prepared to invest their time, money, and energy in its programs, the University of Sudbury is hosting a panel discussion of the role that a Humanities education plays both within the University and within culture and society at large.

In this first event of a Re-imagining the Humanities Series, the panel will discuss how the Humanities do need to be "re-imagined," that is, imagined again as occupying their central and specific role of cultivating and exploring the rich resources and power of the imagination in the pursuit of knowledge and truth.

The panelists, as teachers, scholars and administrators of the Humanities, through interrogating the place they occupy in today's university, will give different perspectives on the space of imagination that is the Humanities.

The session will be held in the new lounge in Room 170 of the Laurent-Larouche building (the University of Sudbury's class room and administrative building). A light lunch will be served.

### Schedule 2011-2012

#### Session 2

"Imagine: Research Methods in the Humanities" Laurentian University / Université Laurentienne, Wednesday, January 11, 2012, 4:00-6:00 p.m. in C-206.

What distinguishes research in the Humanities disciplines from research in other disciplines? How have research methods in the Humanities changed in recent years? What impact have these changes had on our production of knowledge? What constitutes data in the Humanities? To what extent can e-resources be a substitute for print materials? Are interdisciplinary methods replacing disciplinary methods? What place do research methods hold in the curriculum? Participants in the panel discussion will reflect on the recent evolution of research in the Humanities.

#### Session 3

"The Heart of Humanities: A Valentine's Day Symposium (gr. 'drink- together!)" Thorneloe University, Tuesday, February 14, 2012, 4:00-6:00 p.m.

You are invited for a dramatic reading and contemplations about meanings of love from the perspective of four humanities disciplines; followed by wine, cheese and discussion.

#### Session 4

"Teaching the Humanities: Reel Life, Education Unscripted"

The Loughheed Teaching and Learning Centre of Excellence, Huntington University, Thursday, May 3, 2012

What do the cultural legacies and traditions of the Humanities teach us about this interdisciplinary field? Do information communication technologies (ICTs) change the ways in which we teach and learn across the Humanities? How have 21st century currents transformed the study and application of contemporary Humanities education?

This one-day symposium will raise important questions about the pedagogical realities of this expansive academic terrain by mapping the changes and challenges of Humanities education in the face of innovations and interruptions. Hosted by The Loughheed Teaching and Learning Centre of Excellence at Huntington University.

*Teaching the Humanities: Reel Life, Education Unscripted* will bring interesting perspectives into dialogue and will feature thoughts from students to scholars and from supporters to sceptics.

Following the day program, slam poet, Taylor Mali will lead a public evening presentation as he delivers a 75-minute keynote address.

Taylor Mali is a dynamic vocal advocate of teachers and the nobility of teaching. He is the author of two books of poetry, *The Last Time As We Are* (Write Bloody Books 2009) and *What Learning Leaves* (Hanover 2002). He received a New York Foundation for the Arts Grant in 2001 to develop *Teacher!* *Teacher!*, a one-person show about poetry, teaching, and math which won the jury prize for best solo performance at the 2001 Comedy Arts Festival.

To learn more about Mali, visit <http://www.taylormali.com>



# Fashion tips: how to layer for Laurentian University

BY LIANNA PISANI

Winter is well on its way, warranting, especially in Northern Ontario, thick wool sweaters, long pants, boots, mitts—the works. Any student of Laurentian University knows dressing for winter temperatures outside is an entirely different art to dressing for the classrooms in each building. The upper floors in the Parker Building are saunas, the library is an igloo, and many other classrooms travel along this spectrum at complete random will, leaving some students sweating and others with goosebumps, all in the same room.

So how can you dress for both warm and cool temperatures simultaneously? Layers, my friend. Layers. Any true Northerner knows the basic winter tricks and tips: wear nylons under your pants; wear tank tops under your shirts; bring a hot beverage to class. But what happens when your classroom is too hot? You're nice and toasty warm while

outside, but acquiring third degree burns inside. Layers allow you to t-t-take it off!

I have taken the liberty of putting together possible looks to help you stay on trend in all your layering glory this snowy season. Feel free to use this as a guide, and add in elements of your own style.

A basic, go-to staple for any winter-layering look is a pair of black jeans; black is the new black. It's always acceptable during any season, and can act as a blank canvas when coordinating an outfit.

A casual and trendy denim shirt—this one is ombré-ed, like the current popular hairstyle—keeps the look casual, and doesn't clash with black denim. I recommend selecting a shirt with a full button-down front, so that it can be worn open over the sweater, and one of a lighter weight in material. A thinner denim is more comfortable over a knit, and will help avoid overheating.

Alternatively, you could try layering a black blazer, another closet staple. In either situation, a cute look is rolling the sleeves of first the denim shirt or blazer, and then the knit sweater over top of the first roll, creating a matching cuff to your sweater.

In keeping with this season's encouragement in texture experimentation, I suggest throwing a faux-fur vest on as a final layer (aside from your coat, of course). The mix of the knit, denim, and faux-fur is a gentle attempt at texturizing your look without being too risky; if you like taking risks in the name of fashion, great investments this year include eyelash-knit dresses and anything sequined. If that's not your style, and you're not quite ready to bring textures reminiscent of your pet to your closet, you could select a sleeveless trenchcoat (try tan or olive green) instead.

Finally, don't forget to accessorize!

Necklaces, rings, bracelets, scarves, or a nice satchel are all great options. Accessories, in particular, allow your style to really come through because of the vast number of options. Remember the Golden Rule of Shoe Selection: your shoe completes the look, and every outfit is greatly impacted by its shoe. The hot boot of the season is the combat boot, which would look lovely with this outfit (the one I've chosen has a shearling-like lining). Other choices are tall boots, booties, and moccasins. Just about any shoe works with this outfit, but those mentioned fit the "casual" appearance.

A knit can be paired with the jeans, as well, but I've alternatively selected a taupe button-down shirt. A white tee underneath is a nice layer to add once winter settles in. A button-down is a good choice when layering because it allows for various looks—go for casual Friday and leave

the buttons undone, showing off your new pristinely white tee; add a tie or a scarf if you're feeling a little fancy.

Colder temperatures call for another layer, and what better than a blazer? One of the best characteristics of the blazer is the many shapes, colours, and textures it is available in. For winter, I would suggest choosing a heavier weight in material, like the grey wool-blend I've chosen. The grey will help bring out similar tones in the taupe shirt, and, again, keeps the palette neutral, allowing for personalization with both layers and accessories.

The Golden Rule of Shoe Selection also applies for men; don't be fooled! Combat boots are also the trend for guys right now, as is the combat shoe-boot hybrid I've selected for this look in a complimentary taupe. As an example of a colour and texture addition, I'm recommending a striped, knitted scarf.



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# Swimming recap

## BY LAMBDA STAFF

The Laurentian Aqua Vees and Voyageurs competed in a number of races on Nov. 26 and 27 in St. Catharines and Etobicoke. The majority of the team competed in St. Catharines at the Brock and Mac Cup with 6 other schools while a few individuals were in Etobicoke at the Canada Cup.

On the women's side, Brittany Maltais and Jessica Pothier had strong showings, as Maltais picked up a second in the 50m breaststroke and helped the relay team to a third place finish in the 400m freestyle. Pothier had a fourth place finish in the 400m freestyle, missing out on the podium by 5 one-hundredths of a second.

On the men's side, Nick Lapointe led the podium push with a second place finish in the 200m butterfly as well as helping the relay team to a pair of third place finishes in the 200m medley and 400m freestyle. Matt Huetl helped the cause with a third place finish in the 100m freestyle and Matt Wormington finished third in the 400m freestyle.

The women wrapped up their meet in fifth place while the men were on the podium, third overall. As a team, the Laurentian Aqua Vees finished third overall.

In Etobicoke, Emily Jones made the final in the 50m and 100m backstroke, finishing ninth and eleventh respectively.

The teams are off now for the exam break and will be back in the water in late January as they gear up for the OUA Championships which will be held here at Laurentian from Feb. 9-11.

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For more information, please contact:  
Krystel Cimon-Lambert  
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